

Programme for 2021-2025

Charis Diploma in Therapeutic Counselling (CPCAB Level 4) – Year 1 and 2

- Dates: 4 March 2021 to 1 October 2022 (two-year part-time programme)
Holidays – Year 1: 26 March to 9 April; 21 May to 2 June; 4 July to 11 August; 8 to 20 October. Year 2: 17 December to 5 January; 18 February to 2 March; 8 to 20 April; 3 July to 12 August.
- Times: 420 GLH - 38 x 4 hours Thursday evening (5.30pm to 9.30pm) each year
9 x 8 hours on first Saturday each month (9.00am to 6.00pm) each year.
- Venue: Fife Voluntary Action, Caledonia House, Saltire Centre, Glenrothes
- Fees: £1650 for each year (plus £339 each year non-refundable deposit to awarding body for qualification)

Charis Certificate in Counselling Skills (CPCAB Level 2)

- Dates: September 2022 – January 2023
- Times: 90 GLH - 18 x 4 hours Thursday evening (5.30pm to 9.30pm) and 4 x 4 ½ hours on first Saturday each month (9.00am to 1.30pm)
- Venue: Fife Voluntary Action, Caledonia House, Saltire Centre, Glenrothes
- Fees: £400 (plus £169 non-refundable deposit to awarding body for qualification)

Charis Certificate in Counselling Studies (CPCAB Level 3)

- Dates: February 2023 – July 2023
- Times: 90 GLH - 19 x 4 hours Thursday evening (5.30pm to 9.30pm) and 4 x 4 ½ hours one Saturday in March/April/May (9.00am to 1.30pm)
- Venue: Fife Voluntary Action, Caledonia House, Saltire Centre, Glenrothes
- Fees: £400 (plus £169 non-refundable deposit to awarding body for qualification)

Charis Diploma in Therapeutic Counselling (CPCAB Level 4) – Year 1 and 2

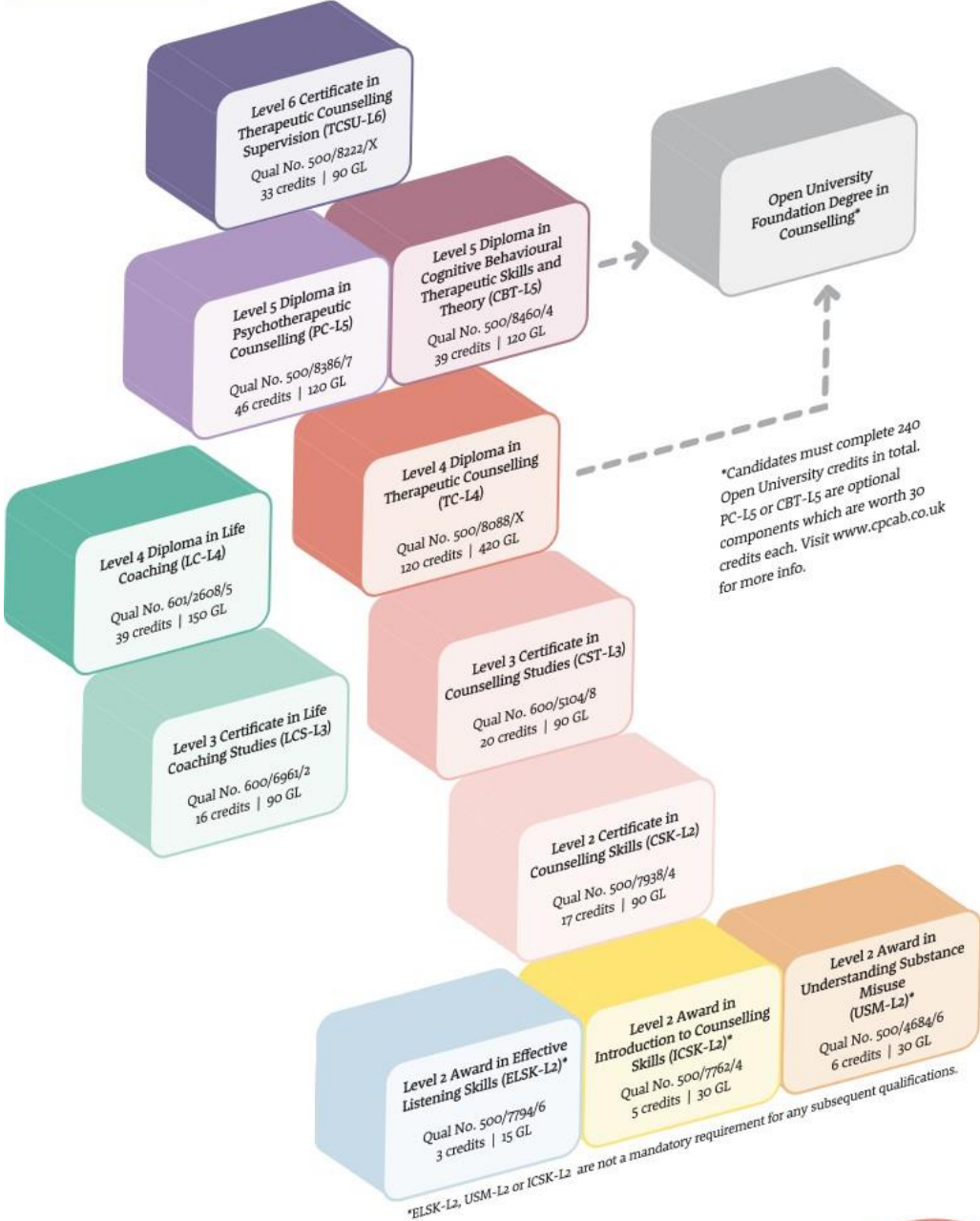
- Dates: September 2023 – July 2025 (two-year part-time programme)
- Times: 420 GLH - 38 x 4 hours Thursday evening (5.30pm to 9.30pm) each year
9 x 8 hours on first Saturday each month (9.00am to 6.00pm) each year.
- Venue: Fife Voluntary Action, Caledonia House, Saltire Centre, Glenrothes
- Fees: £1650 for each year (plus £339 each year non-refundable deposit to awarding body for qualification)

Please note, when Covid-19 restrictions have been lifted we will continue to explore the delivery of Charis training in different locations in Scotland.

Full details of the progression route can be found on Page 2 and the CPCAB Qualification summary for each course on Pages 3-6. If you require further information on the qualification status for each course please go to www.cpcab.co.uk. These details are accurate at time of printing and may be subject to minor updates from Charis or CPCAB in the next academic year.

CPCAB Progression Route

The Progression Route



Charis Certificate in counselling skills (CPCAB Level 2)

Qualification summary

Status of qualification	This RQF qualification is regulated by Ofqual in England, Qualifications Wales in Wales and CCEA in Northern Ireland Qualification/learning aim number: 500/7938/4 Sector endorsement: Skills for Health Sector subject area: 1.3 Health and Social Care
Purpose Statement	<p>This qualification is designed to give learners the underpinning knowledge, skills and competencies to use counselling skills ethically and safely in a variety of contexts and roles. This qualification is for:</p> <ul style="list-style-type: none">➤ Those starting the first level of training as a professional counsellor➤ Those who want to learn counselling skills in other professional or helping roles.➤ Those who want to improve their professional and personal relationships as part of personal development
Level	2
Guided Learning Hours (GLH)	90 (minimum)
Total Qualification Time (TQT)	170
Credit value	17
Minimum age	18 years (This age requirement is linked to Ofqual's system for categorising qualifications)
Entry requirements	No previous training or experience required.
Assessment	<p>Proficient (Pass)/Not Proficient (Fail)</p> <p>Candidates must be Proficient in both internal and external assessment to achieve the qualification.</p> <p>Internal assessment: tutor assessment of candidate portfolio evidencing minimum assessment requirements and verified by CPCAB.</p> <p>External assessment: externally assessed written paper after watching CPAB DVD under exam conditions and assessed by CPCAB.</p>
Progression	Successful candidates may progress onto the Charis Certificate in counselling studies, CPCAB Level 3 (CST-3).

Charis Certificate in counselling studies (CPCAB Level 3)

Status of qualification	This RQF qualification is regulated by Ofqual in England, Qualifications Wales in Wales and CCEA in Northern Ireland Qualification/learning aim number: 600/5104/8 Sector endorsement: Skills for Health Sector subject area: 1.3 Health and Social Care
Purpose Statement	This qualification is intended for candidates who have already acquired a recognised qualification in counselling skills and want to: <ul style="list-style-type: none">➤ Take the next step in training to become a counsellor➤ Learn more about counselling theory, ethics and mental health➤ Be prepared for work as a professional counsellor in an agency setting
Level	3
Guided Learning House (GLH)	90
Total Qualification Time (TQT)	196
Credit value	20
Minimum age	19 years (linked to Ofqual's system for categorising qualifications)
Entry requirements	CPCAB Level 2 Certificate in counselling skills (CSK-L2) or the Recognised Prior Learning (RPL) equivalent of at least 75 GLH.
Assessment	Proficient (Pass)/Not Proficient (Fail) Candidates must be Proficient in both internal and external assessment to achieve the qualification. Internal assessment: tutor assessment of candidate portfolio evidencing minimum assessment requirements and verified by CPCAB. External assessment: externally assessed written paper after watching CPCAB DVD under exam conditions and assessed by CPCAB.
Progression	Level 2 Certificate in counselling skills (CSK-L2) and CPCAB Level 3 Certificate in counselling studies (CST-L3) – or their RPL equivalent – may progress to Charis Diploma in therapeutic counselling, CPCAB Level 4 (TC-L4).

Charis Diploma in Therapeutic Counselling (CPCAB Level 4)

Qualification Summary

Status of qualification	This RQF qualification is regulated by Ofqual in England, Qualifications Wales in Wales and CCEA in Northern Ireland Qualification/learning aim number: 500/8088/X Sector endorsement: Skills for Health Sector subject area: 1.3 Health and Social Care
Purpose Statement	This two-year part-time qualification gives learners the knowledge, skills and competencies to work as a therapeutic counsellor in an agency context in both health care and non-medical settings.
Level	4
Guided Learning Hours (GLH)	420
Total Qualification Time (TQT)	1204
Credit Value	120
Minimum age	19 years (This age requirement is linked to Ofqual's system for categorising qualifications.)
Entry requirements	CPCAB Level 2 Certificate in counselling skills (CSK-L2) and CPCAB Level 3 Certificate in counselling studies (CST-L3), or their Recognised Prior Learning (RPL) equivalent.
Assessment	<p>Proficient (Pass)/Not Proficient (Fail)</p> <p>Candidates must be Proficient in both internal and external assessment to achieve the qualification.</p> <p>Internal assessment: tutor assessment of candidate portfolio evidencing minimum assessment requirements and verified by CPCAB.</p> <p>External assessment: externally assessed audio recording of counselling session with a peer, plus an associated written paper taken under exam conditions and assessed by CPCAB.</p>
Additional Qualification Requirements	<p>Personal counselling – a minimum of 10 hours face-to-face personal therapy during the course, consistent with the counselling model/s being offered – in practice this is usually more than 10 hours.</p> <p>Client work – a minimum of 100 hours formally-contracted counselling (one-to-one) with at least 5 different clients in an agency</p>

setting. Cancellations and non-attends do not count towards this total.

Supervision – candidates require clinical supervision for their agency client work. In addition, candidates require 30-50 hours of Group Training Supervision (GTS) as part of the course.

Progression

Successful candidates may progress onto CPCAB:

Level 5 Diploma in Psychotherapeutic Counselling (PC-L5)

Level 5 Diploma in Cognitive Behavioural Therapeutic Skills and Theory (CBT-L5)

Level 6 Diploma in Therapeutic Counselling Supervision (TCSU-L6)

Open University Foundation Degree in Counselling